LAGOS CONTINENTAL

MENU

Room Service open 24hrs

All dishes in this menu may contain traces of Cereals (gluten), Nuts and Nut products, Sesame seeds, Crustaceans, Eggs, Mustard seed and Celery, Fish, Soya beans, Milk.

If you suffer from any form of allergy, or for any dietary requirements, Please consult with the order taker.

Please note all deliveries to the room attract a tray charge of N2,000

Room Service number



Breakfast

NIGERIAN COUNTRY BREAKFAST

Oat porridge, Egg Sauce, Meat Stew, Chicken Sausage, Boiled Yam, Fried Plantain, Beans With Glass of Juice, Tea or Coffee

N20,000

AMERICAN BREAKFAST

Egg of your choice, Bacon, Chicken Sausage, Roasted Potatoes, Pancakes with syrup, Oat Porridge, Yoghurt, Fruit Salad, Assorted Breakfast Pastries With Glass of Juice, Tea or Coffee

N20,000

Bircher Muesli - N7,000 Eggs Benedict - N12,000 Eggs Royale - N12,000 Fried Eggs - N1,000 Akuri - N13,000 French Toast - N6,000 Waffle -N7,000 Aloo Paratha -N4,000

Appetizer

MEZZE PLATTER (V)

Fresh vegetables, Pita bread, Whipped feta cheese, Hummus, Tabbouleh, and Muhamarrah N30,000

BROCHETTE WITH CURRIED PRAWNS

Served with tartare and Hoisin sauce. N41,000

BEEF OR CHICKEN SUYA

Accompanied with onions & tomatoes N24,000

SEARED SCALLOP

With Red capsicum, Asparagus & Soubise sauce

N30,000

CRISPY CHICKEN

Coconut crumbed chicken strips with Fried apples

and Cheese sauce

Salad Selection

CEASER

Mixed lettuce, Anchovies, Garlic croutons, Parmesan shavings and Egg with Traditional Caesar dressing.

N25,000

Add chicken N7,000 Add prawns N15,000

THAI BEEF

Glass noodles with Cilantro lime juice and Sesame seed.

N13,800

WALDORF

Apple, Red seedless grapes and Crushed walnut. N16,900

PRAWN COCKTAIL

Capsicum, Avocado, Cucumber, Tomatoes and Lettuce with Thousand Island Sauce N23,000

ROASTED CHICKEN

Roasted chicken strips, Garden green vegetables drizzled with French mustard and Balsamic vinaigrette dressing

N22,000

VEGETARIAN

Garden greens, Broccoli, Asparagus and a Balsamic vinaigrette dressing. N20,000

Source

Soups

PRAWNS BISQUE

Smoked paprika with Aromatic herbs and Lemon wedge. N13,500

ROASTED BUTTERNUT SQUASH

With Cinnamon infused and double cream N13,000

томато

Rich plum tomato puree, topped with feta and basil pesto drizzle <u>N11,000</u>

Sandwiches & Burger

All sandwiches and burger are served with Fries

CLASSIC CLUB

Sliced chicken topped with Cheese, Lettuce, and Tomato.

N23,000

TUNA MELT PANINI

Tuna mayo and melted cheese.

N21,000

BAGEL

Filled with Crème cheese and Smoked salmon N27,000

STEAK SANDWICH AND BLUE CHEESE

Grilled beef with Blue cheese and Dijon mustard sauce. N29,000

GRILLED VEGETABLE SANDWICH

Grilled bell peppers, onion and vegetables. N14,500

HAWAIIAN BURGER

Grilled beef patty or Chicken breast, Topped with pineapple, Cheese and Teriyaki sauce. N21,000

HAM & CHEESE

Turkey ham with Cheddar cheese and Lettuce N25,000

Main Dishes

SURF & TURF

A combination of beef fillet, Prawns served with Vegetable and a choice of Peppercorn, Lemon butter or Tartar sauce.

N44,000

CHICKEN SUPREME

Roasted chicken breast mixed vegetables with a Supreme sauce.

N26,000

SALMON FILLET

Served with Pea puree, Stir fried vegetable chop suey, Potato wedges with Beurre blanc.

N35,000

CHICKEN OR SEAFOOD TAGLIATELLI

Tagliatelle tossed with Wild mushrooms and Seafood or Chicken in White creamy wine sauce.

N20,000

PENNE PUTTANESCA

Penne pasta cooked in house with Tomato ragout, Olives and Anchovies. N15,500

HALF ROASTED CHICKEN

Served with Jollof rice and Fried plantain N30,000

VEGETABLE LASAGNE

Eggplant with roasted bell peppers, Béchamel and Gratin mozzarella cheese.

N33,000

SEAFOOD RISOTTO

Seafood mix octopus, Mussel, Prawn, Clam, and Porcini mushrooms cooked in White wine topped with Parmesan shavings.

N20,000

BRAISED LAMB SHANK

Served with Saffron marsh potato and Seasonal vegetables.

N32,500

SPAGHETTI BOLOGNAISE

Spaghetti cooked in Traditional beef sauce simmered with Plum tomato topped with Parmesan shavings.

N15,500

From the Grill

All grill items are served with one starch choice. French fries or potato wedges or Mash potato and Black mushroom with Seasonal vegetables.

BEEF TENDERLOIN N40,000

1110,000

T-BONE STEAK

N45,000

PORK RIBS N35,000

RACK OF LAMB

N65,000

CATCH OF THE DAY (FISH)

N36,000

TIGER PRAWNS

N48,000

CHOICE OF SAUCES

Peppercorn sauce, Lemon butter sauce, Tartare sauce

Nigerian Dishes

PEPPER SOUP OF THE DAY:

Chicken, Goat or fish pepper soup N13,000

SPICY CHICKEN WINGS

Served with French fries.

N21,000

PEPPERED SNAIL

Served with Jollof rice and fried plantain. N35,000

SPICY PRAWNS

Served with Jollof rice and fried plantain.

N48,000

CHOICES OF STEW

Served with one choice Jollof rice, White rice, Coconut rice, Fried rice and accompanied with Fried plantain Goat meat.

Chicken. Turkey. Fish. N19,000

CHOOSE FROM OUR VARIETIES OF LOCAL SOUP

Egusi, Ogbono, Affang, Edi kang-kong, Bitter leaf, Oha, Efo-riro and protein of your choice from the stew **Served with a choice of**

Poundo yam, semovita, wheat Garri. N26,000

Dessert

NEW YORK CHEESECAKE

Fruit toppings, glazed with strawberry coulis. N10,000

CARAMELLO CHOCOLATE BROWNIE

Roasted nuts, caramel sauce N11,000

CRÈME BRULEE

Homemade custard with a caramelized sugar crust and fresh peach fruit.

N13,300

FRESH FRUIT CUT

A selection of sessional fruits N9,500

ICE CREAM CHOICE (3 scoops)

Toppings, please ask the order taker for available flavors

N9,000

Cheese

DEEP FRIED CAMEMBERT

Crumbed cheese served with onion marmalade and Balsamic reduction

N16,000

CHEESE PLATTER

Cheese selection. Served with crackers, pickles & nuts. N33,000